



PREFER

Peer Recovery Education for Employment & Resilience

A Program of: 

The **Peer Recovery Education for Employment & Resilience (PREFER) Program** is a comprehensive series of courses and trainings about recovery offered within a supportive community of peers. The program is designed to support your personal recovery and support you to enter or progress in the peer, recovery, mental health, or social service workforce. PREFER trainings are made available to participants through bursaries they are awarded.

The package of recovery education programs include:

Orientation to Wellness Recovery Action Plan (WRAP)
Like Minds: Peer Support Education
WRAP Facilitator Certification
Pathways to Recovery
Basic Short Term Crisis Intervention
Suicide Prevention
Gaining Autonomy with my Medication
Anti-Oppression Training

Additional education and support for leadership is provided using **monthly network meetings** for program participants, regular personal transformation tracking and program monitoring. A **yearly summit** welcomes the broader recovery community. Support is provided with employment planning and preparation through an **employment support workshop** and regular sharing of opportunities. To graduate, you must complete all components of the program.

The **objectives** of the program are to:

- To support a personal foundation of recovery for program participants
- Nurture a critical perspective regarding personal and systemic factors that support recovery
- Develop skills and capacities to deliver wellness and recovery programs in the workplace
- Create recovery supporting workplaces
- Initiate a support network for people in recovery

Building a Culture of Recovery



A comprehensive education strategy

A Partnership Between

Krasmancentre Gerstein
Centre



HOUSELINK

Project Funded With Support From



If you are interested in participating in this program, please review the following required commitments and complete a copy of the application below or online at:

www.cultureofrecovery.org

1. I am prepared to work from a position of personal lived experience with mental health problems or substance abuse.
2. I am committed to my personal recovery and can honour and work from a position of choice.
3. I am interested in employment and education related to work.
4. I feel comfortable in diverse groups and I am open to learning new ways of being.
5. I have access to a computer and internet. I can participate in the programs using English language.
6. I agree to complete tracking exercises required to monitor my own personal change and support evaluation of the program. I understand that this might mean filling out surveys repeatedly that can take some time to complete.
7. I will make a commitment to attend programs reliably and on time so I can complete all components of the program in 1-2 years.

If you can agree to these statements, please complete the following application and submit by email to e.carvalho@krasmancentre.com or by fax to: 905-780-1960 or by mail to: Krasman Centre, 10121 Yonge St., Richmond Hill, ON L4C 1T7

Name: _____

Address: _____

Telephone: _____

E-Mail: _____

Statement of Interest and Commitment:

What makes you a good candidate for this program? Please respond in 250 words (approximately two paragraphs) and attach your response on a separate sheet of paper.

Note that we do not need to know your diagnosis or information about your personal struggles with your mental health. We do want to know why you would like to join the PREFER community and what you hope to contribute to or get out of your involvement in PREFER.

Applications are due on or before: Tuesday May 21, 2013

You will be contacted to participate in an entry interview in June 2013 where you can learn more about the programs and the program leaders can learn more about your hopes and plans.

As an inclusive organization, we are committed to equitable practices. As such, we encourage applications from individuals from marginalized communities or who have marginalized social identities.